

Provider List - Home Care (non-medical) - Cumberland County

Aging Excellence: Bridgton/Sebago

Contact:

Last Updated: 04/27/2022 2:19:09PM

Last Reviewed: 04/27/2022

Phones: (866) 988-0991 [Toll free in state]*,
(207) 329-9075 [Cellular/Mobile]

Address: [Residence]*
95 Main St
Bridgton, ME 04009 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services provided include: care management coordination, organized day trips and transportation (please note that Aging Excellence does not have wheelchair accessible vehicles), reminder service, chore services, homemaker/companion services, telephone reassurance, personal car services, and handyman services.
Fees vary depending on service.
Please call for more info or initial consultation (in-home or in-office) to review services
Registered Personal Care Agency.
Hours: Monday through Friday 8am - 5pm.

Aging Excellence: Brunswick

Contact:

Last Updated: 04/27/2022 1:51:38PM

Last Reviewed: 04/27/2022

Phones: (207) 729-0991 [Business]*,
(866) 988-0991 [Toll-Free],
(207) 729-0944 [Business Fax]

Address: [Business]*
168 Pleasant Street
Brunswick, ME 04011 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence Inc. offers a variety of non-medical services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services include care management coordination, organized day trips and transportation for appointments, and errands, reminder service, chore services, homemaker/companion services, telephone reassurance, personal care services, and handyman services. Age 50-or disabled.
Please call FMI and/or a free initial consultation to discuss needs.
Fees vary per project.
Registered Personal Care Agency.
Serves: Brunswick, Cumberland, Freeport, Yarmouth, and Bridgton/Sebago area.
Hours: Monday through Friday 8am - 5pm; services 24/7.

Provider List - Home Care (non-medical) - Cumberland County

Aging Excellence: Portland

Contact:

Last Updated: 04/27/2022 2:00:24PM

Last Reviewed: 04/27/2022

Phones: (207) 317-6430 [Mobile],
(207) 771-0991 [Business]*,
(207) 771-0958 [Business Fax],
(866) 771-0991 [Alternate]

Web Site: www.seniorsonthego.com

Address: [Business]*
710 Forest Ave.
Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services provided include: care management coordination, organized day trips and transportation (please note that Aging Excellence does not have wheelchair accessible vehicles), reminder service, chore services, homemaker/companion services, telephone reassurance, personal car services, and handyman services.

Fees vary depending on service.

Please call for more info or initial consultation (in-home or in-office) to review services

Services Greater Portland Metro Area.

Registered Personal Care Agency.

Hours: Monday through Friday 8am - 5pm.

Aging Kingdom Homecare

Contact:

Last Updated: 12/07/2023 11:35:52AM

Last Reviewed: 12/07/2023

Phones: (207) 807-2119 [Business]*,
(207) 881-6288 [Alternate]

Web Site:

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
415 Congress St, Suite 406
Portland, ME 04101 (Cumberland county),
[Mailing]
411 Congress St
Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: Aging Kingdom Homecare provides all non-medical home care services such as personal care, light housekeeping, medication reminders, transportation and errand, meal preparation and companionship. Whether you or your loved one is in the comfort of their home, in an assisted living, long-term care facility, rehab or coming home from the hospital we will be there. Our niche is spiritual care, so incorporating that into the care plan can be an added service. Aging Kingdom is licensed, bonded and insured. Two-hour minimum shifts up to 24/7.

Please call for more information on fees, to set up a free home assessment to set up services immediately or when you are ready.

Serves all of York and Cumberland County.

Provider List - Home Care (non-medical) - Cumberland County

Align Home Care

Contact:

Phones: (207) 835-4849 [Business]*

Last Updated: 03/01/2024 8:15:25AM

Last Reviewed: 03/01/2024

Address: [Business]
124 Fletcher St
Kennebunk, ME 04043 (York county),
[Business]*
251 US Highway 1, Suite D
Falmouth, ME 04105 (Cumberland county)

Web Site: www.alignhomecare.com

Eligibility: Age 62 & older or declared disabled, Other - See Notes

Notes: Align Home Care believes in customizing balanced and holistic care plans for seniors and adults of any age wanting to remain safely in the place they call HOME. Align Home Care encourages our clients to partake in all activities of daily living and home tasks that they can still do, helping them to remain independent, happy and purposeful through any emotional or physical challenge. Care can include, but not limited to, personal care, light housekeeping, med reminders, errands, appointments, meal prep and enjoyable trips outside of the home. We specialize in encouraging our clients to maintain good nutrition, hydration, social interaction, mind building activities and spirit well being. 4 hour shifts up to 24/7 as well as Live-In. Call for a free in-home consultation.

Amada Senior Care

Contact:

Phones: (207) 305-2233 [Business]*

Last Updated: 12/07/2023 9:17:29AM

Last Reviewed: 12/07/2023

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
18 Ocean St, Suite 3
South Portland, ME 04106 (Cumberland county)

Web Site: www.amadaseniorcare.com/southern-maine-senior-care/

Eligibility:

Notes: Our family-run business encompasses three generations of Southern Maine caregivers whose mission of providing the highest-quality care for seniors represents a passion and chosen life's work. Offering assistance with bathing, dressing, companionship, respite, transportation services, medication reminders, laundry, light housekeeping, meal preparation, mobility, exercise. Able to work with Long Term Care Insurance claims and the VA. Call us at 207-305-0242, Monday - Friday: 8:00am - 5:00pm

Proudly serving families in Androscoggin, Cumberland, Oxford, Sagadahoc, and York counties

Provider List - Home Care (non-medical) - Cumberland County

Angel Home Care & Cleaning

Contact:

Phones: (207) 647-2149 [Business]*

Last Updated: 05/10/2022 11:56:22AM

Last Reviewed: 04/29/2022

Address: [Business]*
Not Published
Bridgton, ME 04009 (Cumberland county)

Web Site: <http://angelhomecare.live>

Eligibility:

Notes: Angel Home Care & Cleaning is a registered personal care agency that offers home non-medical services including companionship, leisure activities, transportation for shopping, errands, and appointments, meal prep and clean up light housekeeping and yard work, assistance with correspondence, pet care, and resources for additional services. They also offer overnight stays and respite care. Serves the Greater Lakes Region area.

Please call to discuss services needed, current hourly and per mile rates; private pay

Arcadia Health Care: Portland

Contact:

Phones: (866) 324-3401 [24-hour hotline]*,
(207) 347-2377 [Business]

Last Updated: 03/17/2023 3:51:10PM

Last Reviewed: 03/17/2023

Address: [Business]*
Exchange St
Portland, ME 04101 (Cumberland county)

Web Site: www.arcadianewengland.com

Eligibility:

Notes: Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

Provider List - Home Care (non-medical) - Cumberland County

Catholic Charities Maine: Independent Support Serv

Contact:

Last Updated: 04/27/2022 3:12:02PM

Last Reviewed: 04/27/2022

Phones: (207) 781-8550 [Business],
(800) 781-8550 [Toll free in state]*

Address: [Business]
80 Sherman St.
Portland, ME 04101 (Cumberland county),
[Business]*
66 State Street
P.O. Box 797
Portland, ME 04101 (Cumberland county),
[Business]
307 Congress Street
P.O. Box 10660
Portland, ME 04104 (Cumberland county)

Web Site: <http://www.ccmaine.org/a-z-services/independent-support-services>

Eligibility:

Notes: Catholic Charities of Maine (CCM) Independent Support Services is the state contractor for homemaking services (section 69) that provides eligible seniors and disabled individuals services such as grocery shopping, laundry and errands, and light house cleaning so that they can remain in their homes. Services may be available at no charge for people meeting eligibility guidelines. For others a co-payment is required. CCM determines eligibility for section 69 services, but a referral can still be made to MAXIMUS to determine potential eligibility for other long term care programs. IF MAXIMUS indicates Homemaker is the appropriate program they will refer the individual to CCM

Eligibility: Age 60 and older or declared disabled; Income = or < 200% FPL and assets <\$50,000/1 or \$75,000/2; deemed eligible by CCM

Telephone referrals may be made by the individual in need, family members, or other interested party or community based agencies.

Please call 781-8550 Portland Office or 888-477-2263 Main Office

Provider List - Home Care (non-medical) - Cumberland County

Coastal Care Solutions, LLC

Contact:

Last Updated: 05/16/2022 8:57:53AM

Last Reviewed: 04/27/2022

Phones: (207) 331-4155 [Business]*

Address: [Business]*
26 Willard St
South Portland, ME 04106 (Cumberland county),
[Mailing]
26 Willard St
South Portland, ME 04106 (Cumberland county)

Web Site: <https://coastalcare-solutions.com/>

Eligibility:

Notes: Coastal Care Solutions provides personal care and companionship services to older adults and seniors. Our Specialty care includes respite, 24/7 care, Alzheimer's and dementia, Transitional Care, Home Management Services, End-of-Life Support. Our "Be Well" Philosophy combines aging-in-place and wellness. We promote getting outdoors in nature, being active and independent, and finding the joyful moments in each day. Non-medical care needs/support at home, hospital, or senior living communities. Accepts VA Benefits, Long Term Care Insurance, a private pay. Serves Southern Maine.

Please call for more information.

Comfort Keepers

Contact:

Last Updated: 04/27/2022 3:29:08PM

Last Reviewed: 04/27/2022

Phones: (207) 494-3026 [Business]

Address: [Business]
57 Portland Rd
Kennebunk, ME 04043 (York county),
[Business]*
253 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.comfortkeepers.com/offices/maine/scarborough

Eligibility:

Notes: Comfort Keepers provides non-medical services in-home and to clients in hospitals, nursing homes or assisted living facilities. Services offered include personal care, companionship, light housekeeping, laundry, meal prep, medication reminders, grooming, errand services, shopping assistance, recreational activities, transportation to doctor appointments or other commitments, and respite care for caregivers. Focus is older adults but will consider adults of any age.

Please call for more information and/or to arrange for services. There are 2 locations - Kennebunk and Scarborough

Provider List - Home Care (non-medical) - Cumberland County

Compassionate Home Care of Maine, LLC

Contact:

Phones: (207) 408-2253 [Business]*

Last Updated: 04/27/2022 3:38:42PM

Last Reviewed: 01/07/2021

Address: [Mailing]
49 Ballpark Dr
Portland, ME 04103 (Cumberland county),
[Business]*
49 Ballpark Dr
Portland, ME 04103 (Cumberland county)

Web Site: www.compassionatehomecareofmaine.com

Eligibility:

Notes: Compassionate Home Care offers a variety of non-medical services, such as companion care, medication reminders, respite care, socialization, errands, cooking, cleaning, laundry, transportation to and from medical appointments, bathing, dressing, etc.

COR Health Services

Contact:

Phones: (207) 347-6106 [Business]*

Last Updated: 03/29/2023 2:18:25PM

Last Reviewed: 03/29/2023

Address: [Business]*
980 Forest Avenue, Suite 207
Portland, ME 04103 (Cumberland county)

Web Site: <https://www.corhealthservices.com/home-care-services>

Eligibility: Accepts Mainecare/Medicaid

Notes: COR Health offers a variety of Home Care Services, customized to meet the needs of each individual adult client. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. Home Care is a gentle, reliable service that helps enable elderly clients and disabled clients to live independently at home. At COR Health, all of our home care employees are considered "Caregivers," and each is carefully matched to the needs of your loved one – from transportation, to help with daily tasks, to companionship. Services can be scheduled up to 24/7 coverage.

COR Health also offers a variety of Adult Nursing Services, customized to meet the needs of each individual adult client. We take the time to assess varying factors, including age and medical diagnosis. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. COR Health is available from our team of registered nurses who coordinate with the physician to provide consistent, high-quality care in the client's home. Adult Nursing Services from COR Health includes these services and more: Assess and monitor health; Administer and adjust medications; Administer IV therapy and enteral feedings; Monitor vital signs, blood pressure, blood sugar, and cholesterol; Provide nutritional management, support and education; Educate clients about medications and disease process; Care for catheter and ostomy clients; Monitor hydration, bowel and bladder functions; Administer injections and perform laboratory testing; Care for wounds or disease-related injuries and conditions; Oversee pain management and end-of-life care; Monitor cardiac progress. Our Adult Nursing Services are provided by licensed, skilled medical professionals.

Provider List - Home Care (non-medical) - Cumberland County

FCP Live-In

Contact:

Last Updated: 02/20/2024 12:36:02PM

Last Reviewed: 01/23/2024

Phones: (207) 205-1406 [Business]*,
(877) 887-2273 [Other]

Address: [Service Area Placeholder]

Web Site: www.liveinhomecare.com

Scarborough, ME (Cumberland county),
[Business]*
FCP-Live In
2573 Main Street
Out Of State, CT (county),
[Service Area Placeholder]

Biddeford, ME (York county)

Eligibility: Disability / Health Condition

Notes:

FCP Live In offers 24/7 care in your home. They require a minimum of 2 weeks.

- Caregivers are certified professional PCA, HHA, & CNAs
 - Caregivers are bonded/insured and covered by workers' compensation insurance, unemployment insurance, and on payroll with taxes matched as required by law
 - Background checks (state and national) on all caregivers
 - Caregivers assist clients w/personal care, medication reminders, meal preparation, housekeeping, and transportation to appointments/errands
 - Caregivers assist clients with Alzheimer's/Dementia, and hospice care
 - Emergency triage team is available 24/7 for clients, families, caregivers and healthcare providers
- We service ME, NH, MA, VT, RI, & CT

First Light Home Care of Southern Maine

Contact:

Last Updated: 04/27/2022 3:46:41PM

Last Reviewed: 04/27/2022

Phones: (207) 591-9139 [Business]*

Address: [Business]*

940 Roosevelt Trail, Suite 6
Windham, ME 04062 (Cumberland county)

Web Site: www.firstlighthomecare.com

Eligibility:

Notes:

First Light Home Care of Southern Maine is a home non-medical services provider offering complete companion and personal care services for seniors, new mothers, and those recovering from surgery - or anyone who just needs a little assistance.

They also offer a Personal Emergency Response and MedSmart (medication dispensing system) - There is a one time installation fee that includes a monthly visit at no cost to check that it is working correctly. Please call for more information.

Provider List - Home Care (non-medical) - Cumberland County

Friends In-Home Care

Contact:

Last Updated: 04/27/2022 3:51:58PM

Last Reviewed: 04/27/2022

Phones: (207) 846-5525 [Business]*,
(866) 846-5525 [Toll free in state]

Address: [Business]*
765 Rt 1
Yarmouth, ME 04096 (Cumberland county)

Web Site: <http://friendsinhomecare.com/>

Eligibility:

Notes: Friends In-Home Care is a non-medical service offering assistance with activities of daily living and services such as transportation (for errands, shopping, appointments or just a drive), light house cleaning, meal preparation and companionship. In addition, personal care such as bathing and toileting, assistance with ambulation and physical therapy routines is offered. Visit times are flexible and range from 3hrs to 24hrs a day.

FIHC offers a Hospital to Home service. The program is designed the program to help seniors return home safely after being hospitalized. They can accommodate both planned and unplanned hospitalizations and will tailor your care needs to your individual requirements. Our staff will be happy to meet you at the hospital, provide transportation home, make any stops necessary such as picking up prescriptions, grocery shopping and anything else you may need. Once arriving at your home, we can help get you settled, prepare food, tidy up make sure you're comfortable. From that point we can schedule staff to stay with you for as long as you like or return for follow up visits.

Please call with questions or for more information.

Home Instead Senior Care: Cumberland County

Contact:

Last Updated: 08/16/2022 9:30:58AM

Last Reviewed: 04/29/2022

Phones: (207) 405-2590 [Business]*

Address: [Business]*
502 Main Street
Gorham, ME 04038 (Cumberland county)

Web Site: www.homeinstead.com/321

Eligibility:

Notes: Home Instead Senior Care provides non-medical services to clients in Cumberland County. They require 8 hours a week minimum. Care is provided in their homes, independent living, assisted living and nursing facilities. Services include personal care, companionship, meal preparation, medication reminders, light housekeeping, transportation errands, shopping, and respite care.

HFC® (formerly Hilarity for Charity) and the Home Instead® network are working together to award home care grants to those providing care to their loved ones living with Alzheimer's disease or other dementias. The HFC Alzheimer's and Dementia Care Grants are awarded across the United States and Canada. The goal of the grant program is to provide exceptional home care to families affected by this disease, and to give these families support and rest. These grants are facilitated by Home Instead, where available. These grants are for respite care hours, there is no cash value.

Please call office to discuss your needs or to arrange a free no-obligation in-home assessment.

Provider List - Home Care (non-medical) - Cumberland County

Home Support Services & Helpline

Contact:

Last Updated: 03/25/2022 2:27:37PM

Last Reviewed: 03/25/2022

Phones: (207) 892-1454 [Business]*,
(207) 892-1452 [Fax]

Address: [Business]
110 A Tandberg Trail
Windham, ME 04062 (Cumberland county)

Web Site: www.callhomesupport.com

Eligibility:

Notes: Home Support Services offers homemaker/chore services and personal care including assistance with ADLs and medication reminders. Other services may be arranged by mutual agreement.

They also offer Helpline, an emergency response system that uses a wristband or pendant transmitter that, when pushed, alerts the 24/7 monitoring center where trained personnel contact the subscriber to determine nature of the call and then will contact local emergency personnel, a family member or friend per instructions given during the sign-up process.

Please call or visit the website for more information, current fees, and to arrange for services.

In-Home Senior Services

Contact:

Last Updated: 05/16/2022 1:07:36PM

Last Reviewed: 05/16/2022

Phones: (800) 689-4311 [Toll-Free],
(207) 222-0740 [Business]*,
(207) 222-0742 [Fax]

Address: [Business]*
20 Mechanic St.
Gorham, ME 04038 (Cumberland county)

Web Site: www.inhomeseniorservices.com

Eligibility:

Notes: Services are customized to meet client needs, and can be arranged hourly, daily, weekly or twenty four hours a day - whatever it takes to keep one secure and safe at home. Services offered include personal care, companionship, homemaking services and transportation for appointments, shopping and errands. Respite care can be arranged as well.

Please call for more information or to set up an in-home appointment to discuss service needs.

Provider List - Home Care (non-medical) - Cumberland County

MAS Home Care of Maine

Contact:

Last Updated: 03/29/2023 2:36:11PM

Last Reviewed: 03/29/2023

Phones: (207) 591-4457 [Business]*,
(207) 591-4450 [Fax]

Address: [Business]*
21 Saco Street
Westbrook, ME 04092 (Cumberland county),
[Business]
1190 Lisbon St
Lewiston, ME 04240 (Androscoggin county)

Web Site: www.mashomecare.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, RPT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week

Please Call for more information and/or to schedule services

Pine Tree Home Health Care

Contact:

Last Updated: 05/16/2022 1:16:23PM

Last Reviewed: 05/16/2022

Phones: (207) 926-6190 [Business]*,
(877) 580-6754 [Business]

Address: [Mailing]
Po Box 88
New Gloucester, ME 04260 (Cumberland county),
[Business]*
21 Upper Village Street
New Gloucester, ME 04260 (Cumberland county)

Web Site: www.pinetreehomehealth.com

Eligibility:

Notes: Pine Tree Home Health Care provides personal care and homemaker services including light housekeeping and errand running.
Serves: Gray-New Gloucester, Freeport, Raymond, Windham, N. Windham, Casco; Portland, Falmouth, Yarmouth, .Yarmouth. Counties: Androscoggin, Cumberland, Sagadahoc, Oxford and York.

Please call FMI or to discuss services needed; expect a prompt response - will try to accommodate emergency situations.

Provider List - Home Care (non-medical) - Cumberland County

Right at Home: Home Care and Assistance

Contact:

Last Updated: 04/07/2023 12:04:44PM

Last Reviewed: 03/29/2023

Phones: (207) 707-6011 [Business]*,
(207) 430-9955 [Fax]

Address: [Service Area Placeholder]

Web Site: www.rightathome.net/greater-portland-me

Biddeford, ME 04005 (York county),
[Business]*
51 US Route One
Scarborough, ME 04074 (Cumberland county),
[Mailing]
51 US Route One
Scarborough, ME 04074 (Cumberland county)

Eligibility:

Notes: Right at Home Maine provides supportive care to seniors from York to Brunswick. We are a family owned agency with over 20 years of experience in senior home care. Right at Home supports older Mainers in their desire to be independent at home. Call today to discuss care options for how your loved one can stay in their home and Right Home will match you with a caregiver that will support you or your family members independence.

Spectrum Staffing & Home Care

Contact:

Last Updated: 03/05/2024 10:42:00AM

Last Reviewed: 03/29/2023

Phones: (207) 854-2581 [Business]*,
(207) 854-4711 [Business Fax]

Address: [Business]*
92 US Route 1
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: www.spectrummaine.com

Eligibility:

Notes: Spectrum Staffing & Home Care is a licensed home health agency. Whether we're assisting you or your loved one with their daily responsibilities or supporting their transition back home from a hospital stay, we want to help you make it work. We offer non-medical care and companionship from the comfort of home.
Dementia Support- In a world where everything seems to become unfamiliar and uncertain, let us be the peace o mind. We'll help to better equip you with tips and tools to more effectively and purposefully communicate. We're here for your support.
End Of Life Care - You don't need to navigate this alone. We're right here to offer support and guidance as you pl and approach end of life decisions. Spectrum Staffing & Home care can help you and your loved ones find peace and purpose during end of life. With us, you are never alone during this difficult time.
We're here to help. Submit a request by emailing us at spectrum@spectrummaine.com.

Provider List - Home Care (non-medical) - Cumberland County

The Opportunity Alliance Senior Companions

Contact:

Last Updated: 05/16/2022 1:20:20PM

Last Reviewed: 05/16/2022

Phones: (800) 698-4959 [Toll-Free],
(207) 773-0202 [Business]*

Address: [Business]*
50 Lydia Lane
South Portland, ME 04106 (Cumberland county),
[Mailing]
Senior Volunteer Programs
222 St. John St., Suite 302B
Portland, ME 04102 (Cumberland county)

Web Site: <http://www.opportunityalliance.org/senior-companion-program>

Eligibility: Income and/or Asset Level

Notes: The Senior Companions Program supports the independence of seniors by assisting leisure activities, shopping for groceries, providing support and transportation for medical appointments, as well as company and companionship. Senior Companion volunteers who are income eligible receive a stipend that does not count as income or affect other benefits. They also receive mileage reimbursement, are covered by accident/liability insurance, and receive pre-service and in-service training.

Volunteers must be age 55+, commit to 20 hours a week and to get stipend income = or < 200% of FPL per week

Volunteers and recipients - please call or email for more information; recipients must have an agency, caregiver or family member available as a program contact.

Serves York and Cumberland counties